



SPROCKET ROCKET CODES OF CONDUCT

To ensure all participants maintain the spirit of the SWCC Sprocket Rocket Programme, the following codes of conduct developed by SWCC should be adhered to.

Sprocket Rockets' Code of Behaviour

1. Play by the Rules.
2. Never argue with an official. If you disagree, approach the official during a break or after the event.
3. Control your temper. Verbal abuse of officials or other riders, deliberately distracting or provoking another rider is not acceptable or permitted.
4. Be a good sport. Applaud all good performances.
5. Treat all riders as you would like to be treated. Do not interfere with, bully or take unfair advantage of another rider.
6. Co-operate with your coach and fellow riders. Without them there would be no programme.
7. Participate for the fun of it, and not just to please parents or coaches.

Parents/Spectators Code of Behaviour

1. Remember that children play sport for their enjoyment, not yours.
2. Encourage children to participate, do not force them.
3. Focus on the child's efforts and performance rather than winning or losing.
4. Encourage children to always participate according to the rules.
5. Never ridicule or yell at a child for making a mistake.
6. Remember that children learn best by example. Applaud good performances by all riders.
7. Support all efforts to remove verbal abuse from sporting activities.
8. Respect officials decisions and teach children to do likewise.
9. Show appreciation of volunteer coaches, officials and administrators. Without them your child could not participate.

Coaches Code of Behaviour

1. Remember that children participate for pleasure and that winning is only part of the fun.
2. Never ridicule or yell at a child for making a mistake or losing.
3. Be reasonable in your demands on young riders' time, energy and enthusiasm.
4. Teach your riders to follow the rules.
5. Whenever possible, group riders to ensure that everyone has a reasonable chance of success.
6. Avoid focusing on the talented riders. All Sprockets deserve equal time.
7. Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of the riders.
8. Develop respect for the ability of other riders and for the judgement of officials and other coaches.
9. Follow the advice of a medical professional i.e. doctor, when determining when an injured rider is ready to recommence riding.
10. Keep up to date with the latest coaching practices and the principles of growth and development of children.